

Nate Evans Jr. is both a devoted husband and father. He is a nationally recognized keynote speaker, life coach, and mental health advocate who helps organizations confront burnout, restore morale, and build emotionally healthy, high-performing leaders—especially men in high-pressure roles.

As Founder & CEO of **The Nathan Evans Jr. Group, LLC**, Nate partners with schools, corporations, and nonprofits to address the root causes of disengagement, emotional suppression, and internalized stigma that quietly undermine performance, culture, and leadership effectiveness. His work is known for creating measurable shifts in psychological safety, self-worth, and sustainable performance across teams.

Nate's voice is shaped by both lived experience and professional training. A first-generation high school and college graduate, he holds a Master of Science in Pastoral Care & Counseling and is certified in Adverse Childhood Experiences (ACEs) and Mental Health First Aid. His ability to merge psychological insight, cultural awareness, and personal transparency allows him to reach audiences often overlooked—or underserved—by traditional wellness programming.

He is the founder of the **Get to Worthy Summit**, a transformative in-person mental wellness experience that blends leadership development, emotional health, and the arts to help individuals overcome self-doubt and impostor syndrome. Nate also serves as Executive Director of **Prayer Warriors Global**, a global men's ministry created by Dr. Eric Thomas, where he supports hundreds of men weekly through prayer, discipleship, and emotional wellness tools.

Nate's work has reached TEDx stages and global platforms, and he is the co-author of the best-selling book ***I Love You: Letters of Love from Black Men to Black Boys***. His leadership and impact have been recognized through collaborations with leaders such as Daymond John, service on the Advisory Board for Stockton University's School of Business Entrepreneurship Program, and honors, including Atlantic Cape Community College's 2023 Alumnus of the Year and South New Jersey's Top 30 Under 35 Leaders.

Today, Nate is on a mission to eradicate stigma around men's mental health and equip millennial fathers, leaders, and change-makers to lead from a place of emotional clarity and worthiness. Through powerful keynotes, interactive workshops, and transformational conversations, he gives audiences practical tools to silence self-sabotage, regulate their nervous systems, and lead with confidence—so they can strengthen the teams, families, and communities they serve.