

Nate Evans Jr. is a devoted husband, father, and leading voice in the movement to normalize mental health for men and reframe the way we think about mindset and resilience. As the Founder & CEO of **The Nathan Evans Jr. Group, LLC**, he partners with schools, corporations, and nonprofits to address the root causes of burnout, low morale, and internalized stigma—especially among men in leadership and high-pressure roles. His executive mindset coaching and mental wellness programs are known for creating lasting shifts in performance, self-worth, and psychological safety across entire teams.

Nate's expertise is shaped by lived experience and professional training. A first-generation high school and college graduate, Nate holds a **Master of Science in Pastoral Care & Counseling**, along with certifications in **Adverse Childhood Experiences and Mental Health First Aid**. His ability to merge clinical insight with cultural context and personal transparency allows him to reach audiences others can't.

He is the visionary behind the **Get to Worthy Summit**, a transformative in-person experience that equips attendees to overcome self-doubt and impostor syndrome. Nate is also the Executive Director of **Prayer Warriors Global**, a men's ministry established by Dr. Eric Thomas, serving hundreds of men weekly through prayer, discipleship, and emotional wellness tools.

Nate's impact has spanned TEDx stages, best-selling books (*I Love You: Letters of Love from Black Men to Black Boys*), and platforms alongside icons like Daymond John. He currently sits on the **Advisory Board for Stockton University's School of Business Entrepreneurship Program** and has been honored as **Atlantic Cape Community College's 2023 Alumnus of the Year**. Nate is a former member of the **T-Mobile Magenta Edge Small Business Program** and one of **South Jersey's Top 30 Under 35 Leaders**.

Today, Nate is on a mission to eradicate the stigma around men's mental health and equip individuals to renew their minds and regulate their emotions—so they can lead, live, and love from a place of worthiness. Through keynotes, interactive workshops, coaching, and digital content, he gives audiences the tools to silence self-sabotage, regulate their nervous systems, and lead with unshakable worthiness—so they, in turn, can transform the teams, families, and communities they serve.